

# Rochester JM Rocket Wrestling 2011-12

www.rocketwrestling.org

## November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21 First day of Practice 3:30	22 Practice 3:30	23 Practice 7:00AM	24 Thanksgiving No Practice	25 Practice 5:00	26  <b>Red/Black Dual 5:00PM</b>

## November/December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Nov. 27	Nov. 28 Practice 3:30	Nov. 29 <b>Weight Certs</b> Practice 3:30	Nov. 30 Practice 3:30	1  Practice 3:30	2  Practice 3:30	3 <b>Rochester Duals 10:00 AM @ Mayo</b>
4	5 Practice 3:30	6 Practice 3:30	7 Practice 3:30	8  <b>Medford 6:00PM</b>	9 Practice 3:30	10  <b>C Squad/JV Invite 10AM @ JM</b>
11	12 Practice 3:30	13 Practice 3:30	14 Practice 3:30	15 <b>Tri w/Mankato East &amp; Northfield 5:30PM</b>	16 Practice 3:30	17 <b>St. Charles Duals 10:00AM</b>  <b>Caledonia JV</b>
18	19 Practice 3:30	20 Practice 3:30	21 Practice 3:30	22 <b>Tri @ West w/USC 5:30</b>	23 No Practice	24 No Practice
25	26 No Practice	27 No Practice	28 Practice 4:00PM	29 Practice 4:00PM	30 Practice 4:00PM	31 No Practice

## January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 No School Practice 4:00PM	3 Practice 3:30	4 Practice 3:30	5 Faribault 6:00PM	6 Practice 3:30	7 Flanagan Invite Cresco, IA 10:00AM Stewartville Jr High
8	9 Practice 3:30	10 Practice 3:30	11 Practice 3:30	12 Tri @ PEM w/GMLOK 5:00PM	13 Practice 3:30	14 Stewartville Invite 10:00AM
15	16 No School Practice 4:00PM	17 Tri @ Goodhue w/Hayfield 5:00PM	18 Practice 3:30	19 Tri w/Winona & K-W 5:30PM	20 Practice 3:30	21 Z-M Duals 10:00AM Chatfield JV
22	23 Practice 3:30	24 Practice 3:30	25 Practice 3:30	26 Owatonna 6:00PM	27 No School Practice 4:00PM	28 No Practice
29	30 Practice 3:30	31 @ Austin 6:00PM				

## February/March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Practice 3:30	2 All City Tri @ Mayo w/Century	3 Practice 3:30	4 Cannon Falls Duals 10:00AM
5	6 Practice 3:30	7 Practice 3:30	8 Practice 3:30	9 Albert Lea 6:00PM	10 Practice 3:30	11 Big 9 JV @ Century 10:00AM
12	13 Practice 3:30	14 Practice 3:30	15 Practice 3:30	16 Section Team TBD	17 Early Dismissal Practice 1:30	18 Section Team Mayo Civic Center TBD
19	20 No School Practice 4:00	21 Practice 3:30	22 Practice 3:30	23 Practice 3:30	24 Section Individuals Mayo Civic Center	25 Section Individuals Mayo Civic Center
26	27 Practice 3:30	28 Practice 3:30	March 1 State Wrestling Tournament	March 2 State Wrestling Tournament	March 3 State Wrestling Tournament	March 4 State Wrestling Tournament