

# Rochester JM Rocket Wrestling 2010-11

www.rocketwrestling.org

## November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22 First day of Practice 3:30	23 Practice 3:30	24 Practice 7:00AM	25 Thanksgiving No Practice	26 Red/Black Dual 5:00PM JM Gym	27 Practice 9AM Gophers @ RCTC 12:00PM

## November/December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Nov. 28	Nov. 29 Practice 3:30	Nov. 30 Practice 3:30	1 Weight Certs Practice 3:30	2 Practice 3:30	3 Practice 3:30	4 Rochester Duals 10:00 AM @ Century
5	6 Practice 3:30	7 Practice 3:30	8 Practice 3:30	9 Practice 3:30	10 JM Quad 5:30	11 C Squad/JV Invite 10AM @ JM
12	13 Practice 3:30	14 Practice 3:30	15 Practice 3:30	16 @ Mankato West Tri/ with Nicollet 5:00PM	17 Practice 3:30	18 St. Charles Duals 10:00AM  Caledonia JV
19	20 Practice 3:30	21 Owatonna 6:00PM	22 No Practice	23 No Practice	24 No Practice	25 No Practice
26	27 No Practice	28 No Practice	29 Practice 3:00PM	30 Practice 3:00PM	31 Practice 3:00PM	

## January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 No Practice
2	3 Practice 3:30	4 Practice 3:30	5 Practice 3:30	6 All City Tri @ JM 5:30PM	7 Practice 3:30	8 Flanagan Invite Cresco, IA 10:00AM Stewartville Jr High
9	10 Practice 3:30	11 Practice 3:30	12 Practice 3:30	13 Tri @ Austin w/Winona 6:00PM	14 Practice 3:30	15 Stewartville Invite 10:00AM
16	17 No School Practice 4:00PM	18 Practice 3:30	19 Practice 3:30	20 Tri w/Mankato East & Northfield 5:30PM	21 Practice 3:30	22 Henry-Sibley Invite 9:00AM Chatfield JV
23	24 Practice 3:30	25 Practice 3:30	26 Practice 3:30	27 @Albert Lea 6:00PM	28 No School Practice 4:00PM	29 No Practice

## January/February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jan 30	Jan 31 Practice 3:30	1 Practice 3:30	2 Practice 3:30	3 @ Faribault 6:00PM	4 Practice 3:30	5 Cannon Falls Duals 10:00AM
6	7 Practice 3:30	8 Practice 3:30	9 Practice 3:30	10 Practice 3:30	11 @ Goodhue 6:00PM	12 Big 9 JV @ Faribault 10:00AM
13	14 Practice 3:30	15 Practice 3:30	16 Practice 3:30	17 Section Team TBD	18 Early Dismissal Practice 1:30	19 Section Team Mayo Civic Center TBD
20	21 No School Practice 4:00	22 Practice 3:30	23 Practice 3:30	24 Practice 3:30	25 Section Individuals Mayo Civic Center	26 Section Individuals Mayo Civic Center
27	28 Practice 3:30	March 1 Practice 3:30	March 2 State Wrestling Tournament	March 3 State Wrestling Tournament	March 4 State Wrestling Tournament	March 5 State Wrestling Tournament